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NEWSLETTER

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NOVEMBER 2016

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November 2016, Vol 11



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2016 Top Ranked Personal Injury Attorneys

**Congratulations to Randall Sevenish, a 2016 Recipient to the
National Academy of Personal Injury Attorneys**

WASHINGTON, DC – The National Academy of Personal Injury Attorneys (NAOPIA) recently published its list of nationally ranked personal injury attorneys. The NAOPIA recognizes the Top personal injury attorneys in each state with the intent of helping consumers select well-qualified professionals when legal representation is needed.

Candidates must be licensed, in good standing with their local bar association and nominated by either a licensed practicing attorney or one of our in-house staff researchers. In addition, each attorney must have achieved meaningful professional recognition and earned the respect of their clients and peers. The rankings are independent and free from commercial influence.

Founded in 2013, the National Academy of Personal Injury Attorneys equips highly-qualified personal injury attorneys with the most current continuing education opportunities and provides the public with the most accurate, up-to-date listings of qualified attorneys in their states.

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....continued from page 1 **2016 Top Ranked Personal....**

Indiana Recipients:

BRADFORD J. SMITH, Bloomington, Indiana
 DAVID W. HOLUB, Merrillville, Indiana
 DENNIS E. HARROLD, Shelbyville, Indiana
 KEN NUNN, Bloomington, Indiana
RANDALL R. SEVENISH, Indianapolis, Indiana
 MATTHEW SCHILLER, Indianapolis, Indiana
 TREVOR J. CROSSEN, Carmel, Indiana
 W. BRENT GILL, Seymour, Indiana
 WILLIAM J. KELLEY II, Batesville, Indiana

Keep Safety in Mind when Heating Your Home this Winter

If you're a Hoosier, you know that we're in for cold weather during winter months. The average high temperatures hover around 36° and average lows dip to a frigid 22°.

With oil prices somewhat higher compared to last winter, many of us will be supplementing home oil and electric heat with wood stoves and other devices that burn fuel. These auxiliary heat sources can save money but often come with added safety risks. The U.S. Fire Administration (USFA) branch of FEMA reports that residential fires during the winter cause 905 deaths each year and \$2 billion in property losses.



Home Heating Safety Tips

Here are some helpful ideas to keep your home warm and at the same time reduce the risk of a fire:

- Keep an up-to-date fire extinguisher near fueled heat sources.
- All fuel burning units should be properly vented.
- Check your smoke alarms monthly and change batteries every year. There should be an alarm at each level of your house and both inside and outside sleeping areas.
- Don't use an oven for heat.
- Have your fireplaces and wood stoves cleaned and inspected every year as creosote build-ups can easily start a chimney fire.
- Avoid building up creosote on a wood stove by keeping the air inlets open.
- Protect floors and walls around a wood stove with fire-resistant materials.
- Don't ever use liquid fire starters indoors.
- Use only seasoned pellets in a pellet stove.
- Stock up on seasoned hardwood like maple or oak - properly seasoned wood puts out less creosote.
- Keep a metal screen in front of the fireplace and clear the hearth area of debris.
- Place a metal fence around a wood stove or fireplace to deter children and pets.
- Make sure that the fire in your fireplace is completely quenched before going to bed at night or leaving the house during the day.
- When ashes are completely cooled, place in a covered metal container. Store ashes at least 10 feet away from your home or any other structure.

You can find more helpful information on winter heating safety at the FEMA Heating Fire Safety website.

Our Attorneys and Staff



**Attorney
Randall Sevenish**



**Attorney
Matthew Forsythe**



**Business Administrator
Regina Sevenish**



**Office Manager
Shannon Majors**



**Legal Assistant
Meghan Morton**

Tips for Driving Safely in Wintry Conditions

Snowy days are right around the corner. Are you prepared for the challenges of winter driving?

Follow these tips to navigate slippery roads safely:

- Check road conditions in advance.
- Clear snow and ice from your car's windshield, windows and all lights.
- Keep your car in good shape by regularly checking tires, wiper blades and fluid levels.
- Give yourself plenty of time.
- Don't exceed the speed limit and leave plenty of room between cars.
- Watch for black ice, especially on bridges, off-ramps and shaded areas.
- An SUV may get you going faster but won't help you stop any sooner. Be cautious and drive slowly - even in cars with four-wheel drive.
- Give snowplows a break! Be patient - don't tailgate or try to pass unsafely. Keep a safe distance from the plows as the operator's field of vision is restricted.

Here's a quick and easy phrase to remember about driving in the winter: **Ice and Snow, Take it Slow!** Or just don't go.



You can find more winter driving tips at the Indiana Department of Transportation website as well as from AAA.

Make Sure You Are Protected with the Right Auto Insurance Coverages

No matter how well prepared you are for driving in any type of weather, accidents do happen. Protect yourself and your family with adequate car insurance.

At the Sevenish Law Firm, we recommend having at a minimum coverage of \$250,000 per person/\$500,000 per accident along with enough medical payment insurance to at least cover your health insurance deductibles. If you don't have health insurance, make sure you carry the maximum amount of medical payment coverage.

If you or a loved one has been injured in a car accident or personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call **1-800-278-9200** for your initial free consultation. The Sevenish Law Firm, injury attorney in Indianapolis, can help you determine whether you need a lawyer for an accident or any personal injury case.

Recipe of the Month

Honey Whole Wheat Pumpkin Bread

Ingredients

- ¼ cup melted coconut oil or extra-virgin olive oil
- ½ cup honey
- 2 eggs
- 1 cup pumpkin purée
- 1 teaspoon vanilla extract
- ½ teaspoon salt, ½ teaspoon cinnamon, plus more to swirl on top
- ½ teaspoon ginger, ¼ teaspoon nutmeg, ¼ teaspoon allspice or cloves
- 1¾ cups whole wheat pastry flour or regular whole wheat flour
- 1 teaspoon baking soda*
- ¼ cup hot water*
- Optional- turbinado (raw) sugar for sprinkling on top



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....continued from page 3 **Recipe of the Month**

Instructions

1. Preheat oven to 325 degrees Fahrenheit (165 degrees Celsius) and grease a 9x5 inch loaf pan.
2. In a large bowl, beat oil and honey together. Add eggs, and beat well.
3. Stir in pumpkin purée and vanilla, then the salt, cinnamon, ginger, nutmeg and allspice. Stir in flour, just until combined.
4. Add baking soda to hot water, stir to mix, and then mix briefly into batter until it is evenly distributed. Spread batter into the greased loaf pan.
5. Sprinkle with cinnamon, and swirl with the tip of a table knife for a pretty marbled effect. Sprinkle a big pinch of turbinado sugar on top for a light, sweet crunch.
6. Bake for 55 to 65 minutes. Be sure to check that the bread is done baking by inserting a toothpick in the top. It should come out clean. If the top of the bread jiggles when you pull it out of the oven, it's NOT done! Let the bread cool in the loaf pan for 5 minutes, then transfer it to a wire rack to cool for 30 minutes before slicing.

Credit to: www.cookieandkate.com



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Happy Thanksgiving from All of us at Sevenish Law



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